

P.E Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Walking 1	Playing through games	Hands 1	Feet 1	Jumping 1	Ourselves
	High, Low, Over, Under	Nursery Rhymes	Moving	Rackets, Bats, Balls and Balloons	Hands 2	Games for Understanding
Year 1	Wide, Narrowed, Curled	Playing Games	Body Parts	Hands 2	Running 1	Growing
	Feet 1	The Zoo	Hands 1	Rackets Bats and Balls	Jumping 1	Games for Understanding
Year 2	Linking	Explorers	Hands 2	Rackets Bats and Balls	Jumping 1	Team Building
	Creating Games	Hands 1	Pathways	Feet 1	Dodging 1	Games for Understanding