

P.E Long Term Plan

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-------------------|------------------------|-----------------------|------------|-----------------------------------|-----------|-------------------------|
| Foundation | Walking 1 | Playing through games | Hands 1 | Feet 1 | Jumping 1 | Ourselves |
| | High, Low, Over, Under | Nursery Rhymes | Moving | Rackets, Bats, Balls and Balloons | Hands 2 | Games for Understanding |
| Year 1 | Wide, Narrowed, Curled | Playing Games | Body Parts | Hands 2 | Running 1 | Growing |
| | Feet 1 | The Zoo | Hands 1 | Rackets Bats and Balls | Jumping 1 | Games for Understanding |
| Year 2 | Linking | Explorers | Hands 2 | Rackets Bats and Balls | Jumping 1 | Team Building |
| | Creating Games | Hands 1 | Pathways | Feet 1 | Dodging 1 | Games for Understanding |