

# What makes me who I am?

## PSHE at Manor Park



**Learning Together, Success Forever**

# Why is PSHE important at our school?

## (Vision Statement)

### Intent

At Manor Park Infant School and Nursery we believe that nurturing happy and healthy children is central to every aspect of their learning and development. We believe that PSHE offers our children opportunities to develop the knowledge, skills as they need to manage their lives. As part of a whole school approach PSHE develops qualities and attributes children's needs to thrive as individuals and their wider community. It aims to help children understand how they are developing personally, socially and emotionally and explore a range of attitudes, and values. At Manor Park PSHE provides children with a safe learning environment, to practice and develop the skills necessary to manage the moral, social and cultural challenges and responsibilities that are part of growing up and living in the world today.

### Implementation

Our PSHE runs through all that we do at Manor Park. Staff focus on the wellbeing of children and allow opportunities in every aspect of the curriculum to discuss wellbeing, health, safety and emotions where possible. Staff swiftly respond to the needs of children and ensure additions to planning and timetables to accommodate, individuals, group and class needs.

Staff use the EYFS Framework (2021) to plan and deliver the PSED curriculum alongside SCARF programme as well as through topics in all areas of learning. Children work towards a series of Early learning Goals which should be achieved by the end of Reception. In addition, practitioners use the Development Matters Framework to implement and assess PSED.

### EYFS PSED Development Matters

#### Personal, Social, Emotional Development: Making Relationships

Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. they show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

#### Personal, Social, Emotional Development: Self Confidence and Self -awareness

Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about the ideas, and will choose the resources they need for their chosen activities. They say when they do or do not need help.

#### Personal, Social, Emotional Development: Managing Feelings and Behaviour

Children talk about how and others show feelings, talk about their own and other's behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

#### Personal, Social, Emotional Development: Health and Self-Care

Children know the importance for good health, physical exercise and a healthy diet. They talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

Learning intentions and teaching activities are taught from the PSHE 'SCARF' programme in key stage 1.

Me and My Relationships  
Valuing Differences  
Keeping Safe  
Rights and Respect  
Being my Best  
Growing and Changing

Other PSHE objectives are taught through cross curricular lessons, such as science, RE, PE and topic. Weekly assemblies introduce and discuss topics including the programme of study from SCARF. Please refer to the assembly timetable below detailing the topics and themes.

## Impact

At Manor Park we believe that meaningful PSHE curriculum is key to children becoming confident, and well-rounded individuals as they grow in to adults. Children can approach a range of real life situations and apply their skills and attributes to help them navigate themselves through modern life. From a Range of global issues and problems, children can build up tolerance and a sense of responsibility of being a citizen. From engagement with a variety of the SCARF curriculum children can understand the different lifestyles that people live and be respectful and tolerant towards others.

## SCARF PSHE

Year/half termly unit	Autumn term 1 Me and my relationships	Autumn term 2 Valuing Differences	Spring term 1 Keeping Myself Safe	Spring term 2 Rights and responsibilities	Summer term 1 Being my Best	Summer term 2 Growing and Changing
<b>EYFS</b>	All about me  What makes me special?  Me and my special people  Who can help me?  My feelings	I'm special, you're special  Same and different  Same and different families  Same and different homes  Kind and caring	What's safe to go into my body?  Keeping myself safe  Safe indoors and outdoors  Listening to my feelings  Keeping safe online  People who help keep me safe	Looking after my special people  Looking after my friends  Being helpful at home and the classroom  Caring for our world  Looking after money	Bouncing back when things go wrong  Yes I can!  Healthy eating  Move your body  A good night's sleep	Seasons  Life stages: plants animals and humans  Human life stages – who will I be?  Where do babies come from?  Getting bigger  Me and my body
<b>Year 1</b>	Classroom rules  Thinking about feelings  Our feelings  Feelings and bodies  Our special people  Goof friends  Listening	Same or different?  Unkind, tease or bully?  School rules  Who are our special people?  It's not fair!	Health me  Super sleep  Who can help?  Harold loses Geoffrey (Dealing with loss)  What could Harold do?  Good or bad touches  Sharing pictures	Personal hygiene  Around School  Taking care of something  Money  How should we look after money?  Basic first aid	Healthy eating  Catch it, bin it, kill it!  Achievement and growth mindset  Pass on praise! Harold has a bad day	Inside my wonderful body  Taking care of a baby  Then and now  Who can help?  Surprises and secrets  Keeping privates private
<b>Year 2</b>	Our ideal classroom  How are you feeling today?	What makes us who we are?  How do we make others feel?  My special people	Harold's picnic (Drugs/medicine safety)  How safe would you feel?	Getting on with others  When I feel like erupting  Feeling safe	You can do it!  My day  Helping us to keep clean and healthy	A helping hand (teamwork)  Sam moves away (Dealing with loss)

	Bullying or teasing?	When someone is feeling left out	What should you say?	Looking after the environment	Hygiene	Haven't you grown!
	Don't do that!	An act of kindness	I don't like that!	Harold saves for something special (Money)	My body needs...	My body, your body
	Types of bullying	Solve the problem	Fun or not?	Playing games (responsibility)	What does my body do?	Respecting privacy
	Being a good friend		Should I tell?			Basic first aid
	Let's all be happy		Some secrets should never be kept			

## Assembly Themes 2024-2025

Autumn term		Spring term		Summer term	
-Recap on all wristbands -Being polite -SCARF assembly C is for caring -So why do we have rules? -What is Harvest? -Harvest stories -Stranger Danger -Firework Night. Safety/Fireworks -Remembrance -Helping Others -Self-Control -Team Work -Stranger Danger -Feeling Angry and Calming Down -Advent	-Introducing SCARF -SCARF assembly S is for safety Including E safety -SCARF assembly A is for Achievement -SCARF assembly R is for Resilience -SCARF assembly F is for Friendship -I know we learn in different ways -Anti-Bullying Week (S.T.O.P) One Kind Word -Telling Lies/Boy who cried Wolf -Listening to Others -Racism -St Andrews day (30.11.2025) -On-Line Safety Christmas Story	-Anti-Bullying (recap on S.T.O.P) -Tolerance -So Why Do We Have Rules? -People Who Help Us -E-Safety -The Good Samaritan -Mindfulness -All the Same but Different -Democracy -If at First you Don't Succeed -Good Friday Story -Easter Story	-Rule of Law -Recap on School wristbands -SCARF assembly R is for Resilience -Stranger Danger -Chinese New Year -Water Safety -St David's Day (01.03.2025) -World Book Day (06.03.2025) -World Wildlife Day (03.03.2025) -School Rules -Mothering Sunday (30.03.2025) -Comic Relief St Patrick's Day (17.03.2025) -E-safety -St George's day (23.04.2025)	-Recap School Wristbands -Falling out -Democracy -E-Safety -Tolerance -Racism -Sharing -Fire Safety Stranger Danger -Dealing with our Hurt Feelings without hurting others -E-Safety -What's the Difference? -Leavers Concert	-Best Friends Make Friends -Taking Before Asking -Understanding my feelings – Proud and Jealous -Road Safety -Pushing and Shoving -Anti-Bullying (Recap S.T.O.P) -Problem Solving -Father's Day (15.06.2025) -World Refugee Day (20.06.2025) -Don't Trap Animals -Understanding my feelings – Proud and jealous -Changes -Road Safety -End of Year assembly

