



Learning Together, Success Forever

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Bikeability
Balance Bike Training
Cubs & Foals

Dear Parents/Carers,

On the 1st, 2nd and 6th February, the children in Cubs & Foals classes will be taking part in bikeability. This is operated by VIA and Notts County Council.

The children will learn how to balance on balance bikes ready for them to move onto pedal bikes when they are ready to at home. Balance bikes are used to help with balance and to build their gross motor skills. The independence a balance bike provides is great for personal development and confidence building. Gliding along on a balance bike is also great exercise and helps improve motor skills.

It is essential that all children are dressed appropriately in accordance with the weather. Therefore, please can your child wear suitable, warm clothing for this experience:

School Sweatshirt & T-shirt

Jogging Bottoms

Trainers

Coat

Gloves

The session will operate during the normal school day.

Kind Regards,

Mr Fennell

Deputy Headteacher